

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# December 2021

\*Activities are subject to change.

\*Highlighted activities are to be facilitated by caregiving staff

\*All activities held in the dining room unless otherwise stated.

<p><b>*dress down day GO STEELERS!*</b></p> <p><b>Morning:</b> Ball Toss/Kickball and Music</p> <p><b>Afternoon:</b> Coloring</p> <p><b>4:35pm</b> Ravens v Steelers</p>	<p><b>10:00am</b> Parachute and Brain Games</p> <p><b>2:30pm</b> Holiday Craft</p>	<p><b>10:00am</b> Christmas Movie</p> <p><b>2:30pm</b> Pool Noodle Volley</p>	<p><b>10:30am</b> Silver Sneakers</p> <p><b>2:30pm</b> Music with Janie</p>	<p><b>10:00am</b> Hymn Sing and Bible Study (ViaQuest)</p> <p><b>2:30pm</b> Craft</p>	<p><b>10:30am</b> Silver Sneakers</p> <p><b>2:30pm</b> BINGO</p>	<p><b>Morning:</b> Pool Noodle Balloon Volley</p> <p><b>Afternoon:</b> Movie</p>
<p><b>*dress down day GO STEELERS!*</b></p> <p><b>Morning:</b> Ball Toss/Kickball and Music</p> <p><b>Afternoon:</b> Coloring</p> <p><b>4:35pm</b> Ravens v Steelers</p>	<p><b>10:00am</b> Parachute and Brain Games</p> <p><b>2:30pm</b> Holiday Craft</p>	<p><b>10:00am</b> Christmas Movie</p> <p><b>2:30pm</b> Pool Noodle Volley</p>	<p><b>10:30am</b> Silver Sneakers</p> <p><b>2:30pm</b> Music with Janie</p>	<p><b>*dress down day GO STEELERS!*</b></p> <p><b>10:00am</b> Virtual Non-Denominational Church Service</p> <p><b>2:30pm</b> Sensory Activities/Resident Choice</p> <p><b>6:00pm</b> Trina Christmas Show</p> <p><b>8:20pm</b> Steelers v Vikings</p>	<p><b>10:30am</b> Silver Sneakers</p> <p><b>2:30pm</b> BINGO</p>	<p><b>Morning:</b> Pool Noodle Balloon Volley</p> <p><b>Afternoon:</b> Movie</p>
<p><b>Morning:</b> Parachute and Music</p> <p><b>Afternoon:</b> Coloring</p>	<p><b>Morning:</b> Horseshoes and Music</p> <p><b>Afternoon:</b> Nails</p>	<p><b>10:00am</b> Christmas Movie</p> <p><b>2:30pm</b> Pool Noodle Volley</p>	<p><b>10:30am</b> Silver Sneakers</p> <p><b>1:00pm</b> Music with Janie</p>	<p><b>10:00am</b> Hymn Sing and Bible Study (ViaQuest)</p> <p><b>2:30pm</b> Craft</p>	<p><b>10:30am</b> Silver Sneakers</p> <p><b>2:30pm</b> Jeff Ricker Music Performance (ViaQuest)</p>	<p><b>Morning:</b> Pool Noodle Balloon Volley</p> <p><b>Afternoon:</b> Movie</p>
<p><b>*dress down day GO STEELERS!*</b></p> <p><b>Morning:</b> Ball Toss/Kickball and Music</p> <p><b>Afternoon:</b> Coloring</p> <p><b>1:00pm</b> Titans v Steelers</p>	<p><b>10:30am</b> Silver Sneakers</p> <p><b>1:00pm</b> Christmas Jeopardy</p>	<p><b>10:00am</b> Christmas Movie</p> <p><b>2:30pm</b> Pool Noodle Volley</p> <p>Winter Begins</p>	<p><b>10:30am</b> Silver Sneakers</p> <p><b>2:30pm</b> Music with Janie</p>	<p><b>Ugly Sweater Day</b></p> <p><b>10:00am</b> Virtual Non-Denominational Church Service</p> <p><b>2:30pm</b> Graham Cracker House/Cookie Decorating + Hot Chocolate</p>	<p><b>Morning:</b> Parachute and Brain Games</p> <p><b>Afternoon:</b> Christmas Music Singalong</p>	<p><b>10:30am</b> Santa Visits</p> <p><b>2:30pm</b> Music with Janie and Santa</p> <p>Christmas</p>
<p><b>*dress down day GO STEELERS!*</b></p> <p><b>Morning:</b> Parachute and Music</p> <p><b>Afternoon:</b> Coloring</p> <p><b>4:25pm</b> Steelers v Chiefs</p> <p>Kwanzaa Begins</p>	<p><b>10:30am</b> Silver Sneakers</p> <p><b>2:30pm</b> Nails</p>	<p><b>10:00am</b> Christmas Movie</p> <p><b>2:30pm</b> Pool Noodle Volley</p>	<p><b>10:30am</b> Silver Sneakers</p> <p><b>2:30pm</b> Music with Janie</p>	<p><b>10:00am</b> Hymn Sing and Bible Study (ViaQuest)</p> <p><b>2:30pm</b> Craft</p>	<p><b>Morning:</b> Bean Bag Toss and Brain Games</p> <p><b>12:00pm</b> Noon Year's Eve</p> <p>New Year's Eve</p>	<p><b>Morning:</b> Pool Noodle Balloon Volley</p> <p><b>Afternoon:</b> Movie</p>