

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>*Activities are subject to change.</b> <b>*Highlighted activities are to be facilitated by caregiving staff</b>	<b>1</b> 8:45am Today Is Discussion, Stretching, and Bean Bag Toss 2:30pm Jeopardy/Trivia	<b>2</b> 8:45am Today Is Discussion, Pool Noodle Balloon Volley 2:30pm Craft	<b>3</b> 10:30am Silver Sneakers 2:30pm Music with Janie	<b>4</b> 10:00am Virtual Non-Denominational Church Service 2:30pm Today Is Discussion, Parachute	<b>5</b> 10:30am Silver Sneakers 2:30pm BINGO	<b>6</b> Morning: Pool Noodle Balloon Volley Afternoon: Movie
<b>7</b> Morning: Ball Toss/Kickball and Music Afternoon: Coloring Daylight Saving Time Ends	<b>*dress down day GO STEELERS!*</b> <b>8</b> 8:45am Today Is Discussion, Stretching, and Horseshoe Toss 2:30pm Nail Painting 8:15pm Bears v Steelers	<b>9</b> 8:45am Today Is Discussion, Pool Noodle Balloon Volley 2:30pm Sensory Activities/Resident Choice	<b>10</b> 10:30am Silver Sneakers 2:30pm Music with Janie	<b>11</b> 8:45am Today Is Discussion, Parachute 10:00am Hymn Sing and Bible Study (ViaQuest) 1:00pm Veterans Appreciation (2nd floor) Veterans Day Remembrance Day (Canada)	<b>12</b> 10:30am Silver Sneakers 12:30pm Karaoke w/Dave	<b>13</b> Morning: Pool Noodle Balloon Volley Afternoon: Movie
<b>*dress down day GO STEELERS!*</b> <b>14</b> Morning: Parachute and Music Afternoon: Coloring 1:00pm Lions v Steelers	<b>15</b> 8:45am Today Is Discussion, Stretching, and Bean Bag Toss 2:30pm Poetry Writing Advanced and Donuts	<b>16</b> 8:45am Today Is Discussion, Pool Noodle Balloon Volley 2:30pm Craft	<b>17</b> 10:30am Silver Sneakers 2:30pm Music with Janie	<b>18</b> 10:00am Virtual Non-Denominational Church Service 2:30pm Today Is Discussion, Parachute, and Music 4:30pm Thanksgiving Dinner	<b>19</b> 10:30am Silver Sneakers 2:30pm BINGO	<b>20</b> Morning: Pool Noodle Balloon Volley Afternoon: Movie
<b>*dress down day GO STEELERS!*</b> <b>21</b> Morning: Ball Toss/Kickball and Music Afternoon: Coloring 8:20pm Steelers v Chargers	<b>22</b> 10:30am Silver Sneakers 2:30pm Nail Painting	<b>23</b> 8:45am Today Is Discussion, Pool Noodle Balloon Volley 2:30pm Sensory Activities/Resident Choice	<b>24</b> 10:30am Silver Sneakers 2:30pm Music with Janie	<b>25</b> 9:00am Macy's Day Parade Hunt (NBC) 11:30am Thanksgiving Lunch 12:30pm Virtual Non-Denominational Church Service Thanksgiving Day	<b>26</b> 8:45am Today Is Discussion, Stretching, and Horseshoe Toss 12:30pm Karaoke w/Dave	<b>27</b> Morning: Pool Noodle Balloon Volley Afternoon: Movie
<b>*dress down day GO STEELERS!*</b> <b>28</b> Morning: Parachute and Music Afternoon: Coloring 1:00pm Steelers v Bengals Hanukkah Begins	<b>29</b> 8:45am Today Is Discussion, Stretching, and Bean Bag Toss 2:30pm Pictionary	<b>30</b> 8:45am Today Is Discussion, Pool Noodle Balloon Volley 2:30pm Craft	<h1>November 2021</h1> <p> <b>*Activities are subject to change.</b>  <b>*All activities held in dining room unless otherwise stated.</b>  <b>*Highlighted activities are to be facilitated by caretaking staff</b> </p>			